

# **CERTIFICATE COURSE IN LIFE SKILLS IN EDUCATION**

**Report 2019-2020**

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# BROCHURE



## Life Skills in Education

The course on Life Skills in Education focusses on development of Communication and Interpersonal Skills among youth. It aims to empower students of higher education, with the prerequisite skills to excel in the 21st century globally connected environment.

**Developer:**



Aarti Yadav

**Mentor:**



Mohan Menon



No grade

# LIFE SKILLS IN EDUCATION

## ABOUT THE COURSE

The course on Life Skills in Education focusses on development of Communication and Interpersonal Skills among youth. It aims to empower students of higher education, with the prerequisite skills to excel in the 21st century globally connected environment.

**COURSE DEVELOPER:**

MS. AARTI YADAV

**MENTOR:**

MR. MOHAN MENON

The present project is an attempt to contribute towards achieving sustainable development goal 3: Ensure healthy lives and promote well-being for all at all ages by educating people about life skills. In the present era of globalisation, liberalisation and digitalisation, a number of new social and cultural factors have emerged as stressors which affects our well-being irrespective of our age. These stressors are responsible for rise in mental health issues such as anxiety disorder, depression, eating disorders, suicidal tendencies, substance abuse, risky sex behaviour etc. Therefore, the skills to cope with these stressors have become indispensable for leading a successful and happy life. National Mental Health Policy of India – 2014, considers Life Skills Education as a measure to promote mental health of school children as well as college going youth. WHO recognises the importance of psychological competencies in the promotion of physical, mental and social well-being and advocates imparting life skill education for strengthening mental well-being.

Open Education for a Better world has provided a great opportunity to the academicians to come forward and provide courses for bringing positive changes in this world through education. Open education resources are an alternative to face-to-face service and thus has an advantage of reaching and benefitting maximum number of people. The present course is an attempt to educate students and teachers about the essential life skills. WHO has suggested ten life skills essential for enabling individuals to deal effectively with the demand and challenges of everyday life. The ten life skills suggested by WHO are: Decision making, problem solving, creative thinking, critical thinking, effective communication, interpersonal relationship skills, self-awareness, empathy, coping with stress and coping with emotions. I have consulted WHO documents related to life skills like WHO's information series on school

health document on Skills for Health; the document on Life skills Education for Children and Adolescents in Schools and life skills curriculum of my university (Central University of Haryana) to design curriculum of the proposed course on life skills in education.

# COURSE SYLLABUS

The course content will be divided in to four units as follows:

## 1. Communication and Interpersonal Skills

- a) Communication skills
- b) Empathy building
- c) Cooperation and Team building
- d) Interpersonal relationship

## 2. Self-Management Skills

- a) Self-concept
- b) Self-esteem
- c) Self-awareness skills and techniques for creating self- awareness: Johari window
- d) Problem solving
- e) Decision making

## 3. Coping Skills

- a) Coping with emotions Meaning and types of emotions, brain and emotion, theories of emotion, strategies of coping with emotions
- b) Coping with stress Meaning and sources of stress, stress and coping theories, strategies of coping with stress

## 4. Theories Supporting Life Skills

- a) Social cognitive theory
- b) Problem behaviour theory (By Jessor and Jessor)
- c) Resilience theory
- d) Transactional model (By Proclaska 1979)

e) Theory of reasoned action and health belief model.

**PLATFORM LINK TO THE OER:**

<https://canvas.instructure.com/courses/1879941>

## ENROLMENT LIST

NAME OF THE COURSE: LIFE SKILLS IN EDUCATION

COURSE FACILITATOR: PROF. MAHESH DESHMUKH

SR. NO.	ROLL NO.	NAME OF THE STUDENT	CLASS
1	1137	DIXIT SHUBHANSHU RAJESH	SYBCOM
2	1138	DIXIT YASH JAYPRAKASH	SYBCOM
3	1139	DONGARE AARTI ANKUSH	SYBCOM
4	1140	DONGARE PAVAN ARUN	SYBCOM
5	1141	DONGARKAR SWATI SHANKAR	SYBCOM
6	1142	DOWALA SNEHAL GANESH	SYBCOM
7	1143	DSOUZA KENNIS DIAGO	SYBCOM
8	1144	DUBEY KHUSHBU SAROJ	SYBCOM
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19	1155	GAYKWAD JYOTI ANAND	SYBCOM
20	1156	GHADI AMIT PANDURANG	SYBCOM
21	1157	GHAG ANUKSHA SHARAD	SYBCOM
22	1158	GHARAT AMISHA RUKESH	SYBCOM
23	1159	GHARAT DIVYA RAVINDRA	SYBCOM
24	1160	GHARAT RAKSHIT VIJAY	SYBCOM



25	1161	GHARAT RIDDHI RAJIV	SYBCOM
26	1162	GHARAT VEDIKA SANDESH	SYBCOM
27	1163	GIRI PRATIK MANOJ	SYBCOM
28	1164	GOND PRIYANKA RISHIMUNI	SYBCOM
29	1165	GOND SUYOG LADKYA	SYBCOM
30	1166	GOWARI HARSHAD KASTUR	SYBCOM
31	1167	GOWARI MAMTA VILAS	SYBCOM
32	1168	GOWARI PRIYANKA PUNDLIK	SYBCOM
33	1169	GOWARI SONAL ANANTA	SYBCOM
34	1170	GUPTA AARTI ANIL KUMAR	SYBCOM
35	1171	GUPTA ANJALI JAINARAYAN	SYBCOM
36	1172	GUPTA LALITA ANMOL	SYBCOM
37	1173	GUPTA NEHA MANOJ	SYBCOM
38	1174	GUPTA PANKAJ VALMIKI	SYBCOM
39	1175	GUPTA RITIK SANTOSH	SYBCOM
40	1176	GUPTA SANSKRITI CHEDILAL	SYBCOM
41	1177	GUPTA SHIVAM MURLI	SYBCOM
42	1178	GUPTA TWINKLE AWADESH	SYBCOM
43	1179	GURAJR MANISHKUMAR KHEMRAJ	SYBCOM
44	1180	HADAL SITARAM DASU	SYBCOM
45	1181	HAWALE VARSHA SHANKAR	SYBCOM
46	1182	HEMADA CHHAYA BABU	SYBCOM
47	1183	INAMDAR ANZALNA GAUS MUHIDDIN	SYBCOM
48	1184	JADHAV SAKSHI BIMBESH	SYBCOM
49	1185	JADHAV YOGITA TULSHIRAM	SYBCOM
50	1186	JAIN JULEE MANOHARLAL	SYBCOM
51	1187	JAIN KARISHMA CHANDRAPRAKASH	SYBCOM
52	1188	JAIN LUCKY RAJENDRAKUMAR	SYBCOM





53	1189	JAIN PAYAS KHUBILAL	SYBCOM
54	1190	JAIN SAKSHI FULCHAND	SYBCOM
55	1191	JAR SUBHASH SUDAM	SYBCOM
56	1192	JAWALE SHITAL NASHIKET	SYBCOM
57	1253	MORE NIMISHA NILESH	SYBCOM
58	1254	MORE PUJA RAJESH	SYBCOM
59	1255	MUKADAM RSHIKESH MAHESH	SYBCOM
60	1256	MULAY MUKUL RAJAN	SYBCOM
61	1257	MURDE GAURAV LAXMAN	SYBCOM
62	1258	NAGE JAYASHREE BHASKAR	SYBCOM
63	1259	NAYAK SURAJ KURESH	SYBCOM
64	1260	NEGI MINAKSHI MATABARSINGH	SYBCOM
65	1261	NIJAP UPASANA HEMANT	SYBCOM
66	1262	NIKUMBH DNYANESH MUKUND	SYBCOM
67	1263	NIRMAL PINKY SHIVRATAN	SYBCOM
68	1264	OGANIYA AAKASH DILIP	SYBCOM
69	1265	PADIYAR RAJPUT MAMTA SAVISINGH	SYBCOM
70	1266	PAGDHARE SHRUTIKA RAMESH	SYBCOM
71	1267	PAGDHARE SHRUTIKA SURENDRA	SYBCOM
72	1268	PAGDHARE TANAVI MAHESH	SYBCOM
73	1269	PAL KANCHAN NANDLAL	SYBCOM
74	1270	PAL ROHIT RAMAKBAL	SYBCOM
75	1271	PANDEY JUHI VISHWAJEET	SYBCOM
76	1272	PANDEY RASHMI ANIL	SYBCOM
77	1273	PANDEY SATYAM SANJAY	SYBCOM
78	1274	PARHAD BHARAT LALIT	SYBCOM
79	1275	PASWAN AJAY RAJNATH	SYBCOM
80	1276	PATEL AYUSHI BHIKHABHAI	SYBCOM



81	1277	PATEL DEVANGI DINESHBHAI	SYBCOM
82	1278	PATEL SANNI PRAMOD	SYBCOM
83	1279	PATHAN SAMIR JAKIR	SYBCOM
84	1280	PATIL AADESH JAGDISH	SYBCOM
85	1281	PATIL ANISHA HANUMAN	SYBCOM
86	1282	PATIL ANKITA GANESH	SYBCOM
87	1283	PATIL APEKSHA ANIL	SYBCOM
88	1284	PATIL ASHWINI VASANT	SYBCOM
89	1285	PATIL BHAUMIK PRALHAD	SYBCOM
90	1286	PATIL BHAVIK PRABHAKAR	SYBCOM
91	1287	PATIL HRUTUJA MANOHAR	SYBCOM
92	1288	PATIL JANHAVI HRUDAY	SYBCOM
93	1289	PATIL KEVAL DINESH	SYBCOM
94	1290	PATIL KRUTIKA HEMANT	SYBCOM
95	1291	PATIL NEHA PRAKASH	SYBCOM
96	1292	PATIL NIMIKSHA RAVINDRA	SYBCOM
97	1293	PATIL POOJA AJAY	SYBCOM
98	1294	PATIL PRIYA BHALCHANDRA	SYBCOM
99	1295	PATIL PRIYAL KAILAS	SYBCOM
100	1296	PATIL PRIYANKA CHANDRAKANT	SYBCOM
101	1297	PATIL ROHIT SUBHASH	SYBCOM
102	1298	PATIL RUTUJA GANESH	SYBCOM
103	1299	PATIL SAKSHI ANIL	SYBCOM
104	1300	PATIL SAMIKSHA AZAD	SYBCOM
105	1301	PATIL SAMIKSHA SUBHASH	SYBCOM
106	1302	PATIL SANJANA AMRUT	SYBCOM
107	1303	PATIL SHITAL BABAN	SYBCOM
108	1304	PATIL SHUBHAM ASHOK	SYBCOM



109	1305	PATIL SUSHANK SADASHIV	SYBCOM
110	1306	PATIL TAPASYA GANESH	SYBCOM
111	1307	PATIL TUSHAR NAVNATH	SYBCOM
112	1308	PATIL UTTEJ HEMANT	SYBCOM
113	1309	PATIL YASHASWI DINESH	SYBCOM
114	1310	PATRE KAJOL AVINASH	SYBCOM
115	1311	PATWA VIJAYKUMAR SARJUPRASAD	SYBCOM
116	1312	PAWAR AJAY BIBHISHAN	SYBCOM
117	1313	PAWAR AMISHA SANTOSH	SYBCOM
118	1314	PAWAR MANSI VIKRAM	SYBCOM
119	1315	PAWAR PRATHMESH RAMESH	SYBCOM
120	1316	PAWAR PRATIKSHA SANTOSH	SYBCOM
121	1350	SHAH POOJA MANOJ	SYBCOM
122	1351	SHAH PRINCEKUMAR GANPAT	SYBCOM
123	1352	SHAIKH AZHAR ALI SHABIHULLAH	SYBCOM
124	1353	SHAIKH AZHARUDDIN MATIULLAH	SYBCOM
125	1354	SHAIKH AZMAT SHAMIM	SYBCOM
126	1355	SHAIKH FAHAD FAIYAZ	SYBCOM
127	1356	SHAIKH IMRAN SAMIR	SYBCOM
128	1357	SHAIKH KHUSHBU ASHRAF	SYBCOM
129	1358	SHAIKH MUSKAN MOHAMMADAZAD	SYBCOM
130	1359	SHAIKH NAMIRA RAIS	SYBCOM
131	1360	SHAIKH REHAN RAFIQ	SYBCOM
132	1361	SHAIKH REHMAT SHAMIM	SYBCOM
133	1362	SHAIKH SHAHANAJ NABI	SYBCOM
134	1363	SHAIKH TARANNUM MOHAMMEDABBAS	SYBCOM
135	1364	SHARMA RAJKUMAR TILAKRAM	SYBCOM
136	1365	SHARMA SANDHYA SHRAVANKUMAR	SYBCOM



137	1366	SHARMA SUNNY VIRENDRA	SYBCOM
138	1367	SHARMA TANUJA GULABCHAND	SYBCOM
139	1368	SHERE RAHUL GAJANAN	SYBCOM
140	1369	SHETTY SUJITH BALAKRISHNA	SYBCOM
141	1370	SHINVARI PAVAN BHUSHAN	SYBCOM
142	1371	SHRIVASTAV SAHILKUMAR DILIP	SYBCOM
143	1372	SIDDIQUI PARVEZ KALIMMULHA	SYBCOM
144	1373	SINGH ALPESH SHASHIBHUSHAN	SYBCOM
145	1374	SINGH AMOL SABHA	SYBCOM
146	1375	SINGH ANJALI SANJAY	SYBCOM
147	1376	SINGH KAJAL HARIPRASAD	SYBCOM
148	1377	SINGH KOMAL AMARJEET	SYBCOM
149	1391	TARE KAUSHAL KISHOR	SYBCOM
150	1392	TARE PRACHI RAJGURU	SYBCOM
151	1393	TARE PRATIKSHA DIPAK	SYBCOM
152	1394	TARE RAHUL RAKESH	SYBCOM
153	1395	TARE VAIBHAVI KANAK	SYBCOM
154	1396	TAVIZWALA FAIZAN SHAUKATALI	SYBCOM
155	1397	THAKUR HIMANSHU VIJAY	SYBCOM
156	1398	THAKUR MANSI JITENDRA	SYBCOM
157	1399	TIWARI ADITYA RAMAKANT	SYBCOM
158	1400	TIWARI NEHA RAMESH	SYBCOM
159	1401	TIWARI SAPNA RAMESH	SYBCOM
160	1410	VARTHA RUTIKA MADHUKAR	SYBCOM
161	1411	VARTHA VIKAS SANDESH	SYBCOM
162	1412	VAZE ANIKET ANIL	SYBCOM
163	1413	VISHWAKARMA ROHIT MAHENDRA	SYBCOM
164	1414	VISHWAKARMA YOGETA SURENDRA	SYBCOM



165	1415	WADE DHANASHREE BHARGAV	SYBCOM
166	1416	WAGHAT BHARAT NANHU	SYBCOM
167	1417	WANKHADE SHIVANI SANTOSH	SYBCOM
168	1418	YADAV AMRITA DAROGA	SYBCOM
169	1419	YADAV ANITA HARINATH	SYBCOM
170	1420	YADAV DEEPA YASHPAL	SYBCOM
171	1421	YADAV KAJAL RAMCHANDRA	SYBCOM
172	1422	YADAV KHUSHBOO SURENDRA	SYBCOM
173	1423	YADAV NAVIN UMESH	SYBCOM
174	1424	YADAV NEHA UMA SHANKAR	SYBCOM
175	1425	YADAV POOJA RAJENDRA	SYBCOM
176	1426	YADAV PRATIBHA VINOD	SYBCOM
177	1427	YADAV SONI GUDDU	SYBCOM
178	1445	BHOPALWALA SAKINA MUSTAFA	TYBCOM
179	1446	BHOSALE ANGELA ASHISH	TYBCOM
180	1455	CHAUBE UJALA ARVIND	TYBCOM
181	1456	CHAUDHARI AKANKSHA RUPESH	TYBCOM
182	1508	HEGDE ARPITA MOHAN	TYBCOM
183	1509	JADHAV HEENA RAMESH	TYBCOM
184	1510	JADHAV KARAN RAVINDRA	TYBCOM
185	1511	JADHAV RUSHIKESH RAJENDRA	TYBCOM
186	1512	JADHAV SAYALI SURESH	TYBCOM
187	1513	JADHAV SURAJ BABU	TYBCOM
188	1514	JAIN DARSHANA PRADEEP	TYBCOM
189	1515	JAIN MEGHA BHARAT	TYBCOM
190	1516	JAIN POOJA PRADEEP	TYBCOM
191	1517	JAIN TARUN MANOHAR	TYBCOM
192	1518	JAIWAR PRATIMA RAMASHANKAR	TYBCOM



193	1519	JANATHE VINAYAK RAJA	TYBCOM
194	1520	JHA NEHA SUDHANDHU	TYBCOM
195	1521	JOGI RAHUL VIJAY	TYBCOM
196	1522	JOSHI RAHUL CHAMPALAL	TYBCOM
197	1523	KALAT CHHAYA KISAN	TYBCOM
198	1524	KAMBLE PRATIKSHA ULHAS	TYBCOM
199	1525	KANOJIYA SEEMA BALELAKHANDAR	TYBCOM
200	1526	KANSARA HARSH MUKESHKUMAR	TYBCOM
201	1527	KASSARI RUKHSAR NAZIM	TYBCOM
202	1528	KENI SURAJ BALKRUSHNA	TYBCOM
203	1529	KESARKAR SIMRAN RAJESH	TYBCOM
204	1530	KHADAPKAR NAMRATA BABURAV	TYBCOM
205	1531	KHAN ASGARI TAYYAB	TYBCOM
206	1532	KHAN NASRIN JUVERIYA HAKIMULLAH	TYBCOM
207	1533	KHAN REHAN RIZAWN	TYBCOM
208	1534	KHANDARE RESHMI SHANKAR	TYBCOM
209	1535	KHARPADE RAVINDRA BHADALYA	TYBCOM
210	1536	KHATALI VINOD VIJAY	TYBCOM
211	1537	KINI SAYALI PRAVIN	TYBCOM
212	1538	KOM ASMITA RAMESH	TYBCOM
213	1539	KORI AVINASH RAMRAJ	TYBCOM
214	1540	KUSHWAH POOJA SURESH	TYBCOM
215	1541	KUSVAH REKHAKUMARI SUBHASH	TYBCOM
216	1542	KUTE NITEEN POPAT	TYBCOM
217	1543	LAHANGE AAKASH BALU	TYBCOM
218	1544	LULANIA AMRIN MUNAF	TYBCOM
219	1545	LULANIYA AFREEN SHABBIR	TYBCOM
220	1546	MAHATO LALITA BASANT	TYBCOM



221	1547	MAHTO LATAKUMARI SURYANARAYAN	TYBCOM
222	1548	MALI ROHIT DAMA	TYBCOM
223	1549	MALVIYA POOJA BHAVARLAL	TYBCOM
224	1550	MANDHARE GAURAVI DNYANDEO	TYBCOM
225	1551	MARDE SHREYA SANJAY	TYBCOM
226	1562	MORE GIRISH PRAKASH	TYBCOM
227	1563	MORE MANASI DATTESH	TYBCOM
228	1564	MORE NIKHIL PRALHAD	TYBCOM
229	1565	MOURYA PRIYANKA DASHRATH	TYBCOM
230	1566	NAIK ABHIJIT SUNIL	TYBCOM
231	1567	NAIR ATHIRA BIJU	TYBCOM
232	1568	NANKAR MAHENDRA RAJENDRA	TYBCOM
233	1569	NIKAM RUTUJA DINKAR	TYBCOM
234	1572	NIVALE SWAPNIL SADASHIV	TYBCOM
235	1573	PADHYE RIYA SAMEEP	TYBCOM
236	1574	PADHYE SHUBHAM RAJENDRA	TYBCOM
237	1575	PAGDHARE KAUSTUBH HARESH	TYBCOM
238	1577	PANDAY SHIVANI RAM BIHARI	TYBCOM
239	1578	PANDEY PRATIBHA RAMASHANKAR	TYBCOM
240	1579	PANDEY RAHUL RAJENDRA	TYBCOM
241	1581	PANDHARKAR SHREYAS SANJEEV	TYBCOM
242	1582	PANJWANI TANNAZ FIROZ	TYBCOM
243	1583	PARAB CHETAN BHARAT	TYBCOM
244	1584	PARADHI NIKITA PRAKASH	TYBCOM
245	1585	PARDESHI MANASI RAJENDRASINH	TYBCOM
246	1586	PARHAD SUDARSHAN ARJUN	TYBCOM
247	1587	PARHAD TEJALI NAVSHYA	TYBCOM
248	1588	PATEL AMAN VIPUL	TYBCOM



249	1589	PATEL SANGEETA MASHIGARAM	TYBCOM
250	1590	PATHARE AMOL MANSUB	TYBCOM
251	1591	PATIL ANKITA SANJAY	TYBCOM
252	1592	PATIL DIVYA KALPESH	TYBCOM
253	1593	PATIL GAURI SUDHAKAR	TYBCOM
254	1594	PATIL HARSHA MADAN	TYBCOM
255	1595	PATIL HARSHAL SANTOSH	TYBCOM
256	1596	PATIL KAJAL SANTOSH	TYBCOM
257	1597	PATIL KALPESH VINOD	TYBCOM
258	1598	PATIL MANASI NILESH	TYBCOM
259	1599	PATIL MAYURI RAMAKANT	TYBCOM
260	1600	PATIL NAMITA CHANDRAKANT	TYBCOM
261	1601	PATIL OMKAR ASHOK	TYBCOM



*MDeshmukh*  
**Prof. Mahesh Deshmukh**  
Course Facilitator





Sonopant Dandekar Shikshan Mandali's

**SONOPANT DANDEKAR ARTS, V. S. APTE COMMERCE  
AND M. H. MEHTA SCIENCE COLLEGE**

Tal. Palghar, Dist. Palghar, Pin - 401 404.

Code.: (02525) 252163, Prin : 252317 • Resi.: 252316

website : [www.sdsmcollege.com](http://www.sdsmcollege.com) • Email: [sdsmcollege@yahoo.com](mailto:sdsmcollege@yahoo.com)

(NAAC Reaccredited 'B' Grade)

**CENTRE FOR EXCELLENCE AND INNOVATION**

25<sup>th</sup> April, 2020

**NOTICE**

**CERTIFICATE COURSE TIME TABLE**

This is to inform all the students who have registered for the **Certificate Course in Life Skills in Education** are hereby informed that the course will commence from **4<sup>th</sup> May, 2020** and the Review Lecture will be conducted online every Monday as per below given schedule.

Day	Time	Venue	Name of the Course Facilitator
Monday	3 pm to 4 pm	Online	Prof. Mahesh Deshmukh

Kindly make a note of the schedule and join the meeting 10 minutes before the schedule time.



**Principal**

**PRINCIPAL**  
Sonopant Dandekar Arts College,  
V.S. Apte Commerce College &  
M.H. Mehta Science College  
PALGHAR (W.R.)  
Dist. Palghar, Pin-401404

## LIST OF STUDENTS COMPLETED THE COURSE

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NAME OF THE COURSE: LIFE SKILLS IN EDUCATION

COURSE FACILITATOR: PROF. MAHESH DESHMUKH

SR. NO.	ROLL NO.	NAME OF THE STUDENT	CLASS
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48	1188	JAIN LUCKY RAJENDRAKUMAR	SYBCOM
49	1189	JAIN PAYAS KHUBILAL	SYBCOM
50	1190	JAIN SAKSHI FULCHAND	SYBCOM
51	1191	JAR SUBHASH SUDAM	SYBCOM
52	1192	JAWALE SHITAL NASHIKET	SYBCOM



53	1253	MORE NIMISHA NILESH	SYBCOM
54	1254	MORE PUJA RAJESH	SYBCOM
55	1255	MUKADAM RISHIKESH MAHESH	SYBCOM
56	1256	MULAY MUKUL RAJAN	SYBCOM
57	1257	MURDE GAURAV LAXMAN	SYBCOM
58	1258	NAGE JAYASHREE BHASKAR	SYBCOM
59	1259	NAYAK SURAJ KURESH	SYBCOM
60	1260	NEGI MINAKSHI MATABARSINGH	SYBCOM
61	1261	NIJAP UPASANA HEMANT	SYBCOM
62	1262	NIKUMBH DNYANESH MUKUND	SYBCOM
63	1263	NIRMAL PINKY SHIVRATAN	SYBCOM
64	1264	OGANIYA AAKASH DILIP	SYBCOM
65	1265	PADIYAR RAJPUT MAMTA SAVISINGH	SYBCOM
66	1266	PAGDHARE SHRUTIKA RAMESH	SYBCOM
67	1267	PAGDHARE SHRUTIKA SURENDRA	SYBCOM
68	1269	PAL KANCHAN NANDLAL	SYBCOM
69	1270	PAL ROHIT RAMAKBAL	SYBCOM
70	1271	PANDEY JUHI VISHWAJEET	SYBCOM
71	1272	PANDEY RASHMI ANIL	SYBCOM
72	1273	PANDEY SATYAM SANJAY	SYBCOM
73	1274	PARHAD BHARAT LALIT	SYBCOM
74	1275	PASWAN AJAY RAJNATH	SYBCOM
75	1276	PATEL AYUSHI BHIKHABHAI	SYBCOM
76	1277	PATEL DEVANGI DINESHBHAI	SYBCOM
77	1278	PATEL SANNI PRAMOD	SYBCOM
78	1279	PATHAN SAMIR JAKIR	SYBCOM
79	1280	PATIL AADESH JAGDISH	SYBCOM
80	1281	PATIL ANISHA HANUMAN	SYBCOM



81	1282	PATIL ANKITA GANESH	SYBCOM
82	1283	PATIL APEKSHA ANIL	SYBCOM
83	1284	PATIL ASHWINI VASANT	SYBCOM
84	1285	PATIL BHAUMIK PRALHAD	SYBCOM
85	1286	PATIL BHAVIK PRABHAKAR	SYBCOM
86	1287	PATIL HRUTUJA MANOHAR	SYBCOM
87	1288	PATIL JANHAVI HRUDAY	SYBCOM
88	1289	PATIL KEVAL DINESH	SYBCOM
89	1290	PATIL KRUTIKA HEMANT	SYBCOM
90	1291	PATIL NEHA PRAKASH	SYBCOM
91	1292	PATIL NIMIKSHA RAVINDRA	SYBCOM
92	1293	PATIL POOJA AJAY	SYBCOM
93	1294	PATIL PRIYA BHALCHANDRA	SYBCOM
94	1295	PATIL PRIYAL KAILAS	SYBCOM
95	1296	PATIL PRIYANKA CHANDRAKANT	SYBCOM
96	1297	PATIL ROHIT SUBHASH	SYBCOM
97	1298	PATIL RUTUJA GANESH	SYBCOM
98	1299	PATIL SAKSHI ANIL	SYBCOM
99	1300	PATIL SAMIKSHA AZAD	SYBCOM
100	1301	PATIL SAMIKSHA SUBHASH	SYBCOM
101	1302	PATIL SANJANA AMRUT	SYBCOM
102	1303	PATIL SHITAL BABAN	SYBCOM
103	1304	PATIL SHUBHAM ASHOK	SYBCOM
104	1305	PATIL SUSHANK SADASHIV	SYBCOM
105	1306	PATIL TAPASYA GANESH	SYBCOM
106	1307	PATIL TUSHAR NAVNATH	SYBCOM
107	1308	PATIL UTTEJ HEMANT	SYBCOM
108	1309	PATIL YASHASWI DINESH	SYBCOM



109	1310	PATRE KAJOL AVINASH	SYBCOM
110	1311	PATWA VIJAYKUMAR SARJUPRASAD	SYBCOM
111	1312	PAWAR AJAY BIBHISHAN	SYBCOM
112	1313	PAWAR AMISHA SANTOSH	SYBCOM
113	1314	PAWAR MANSI VIKRAM	SYBCOM
114	1315	PAWAR PRATHMESH RAMESH	SYBCOM
115	1316	PAWAR PRATIKSHA SANTOSH	SYBCOM
116	1350	SHAH POOJA MANOJ	SYBCOM
117	1351	SHAH PRINCEKUMAR GANPAT	SYBCOM
118	1352	SHAIKH AZHAR ALI SHABIHULLAH	SYBCOM
119	1353	SHAIKH AZHARUDDIN MATIUULLAH	SYBCOM
120	1354	SHAIKH AZMAT SHAMIM	SYBCOM
121	1355	SHAIKH FAHAD FAIYAZ	SYBCOM
122	1356	SHAIKH IMRAN SAMIR	SYBCOM
123	1357	SHAIKH KHUSHBU ASHRAF	SYBCOM
124	1358	SHAIKH MUSKAN MOHAMMADAZAD	SYBCOM
125	1360	SHAIKH REHAN RAFIQ	SYBCOM
126	1361	SHAIKH REHMAT SHAMIM	SYBCOM
127	1362	SHAIKH SHAHANAJ NABI	SYBCOM
128	1364	SHARMA RAJKUMAR TILAKRAM	SYBCOM
129	1365	SHARMA SANDHYA SHRAVANKUMAR	SYBCOM
130	1366	SHARMA SUNNY VIRENDRA	SYBCOM
131	1367	SHARMA TANUJA GULABCHAND	SYBCOM
132	1368	SHERE RAHUL GAJANAN	SYBCOM
133	1369	SHETTY SUJITH BALAKRISHNA	SYBCOM
134	1370	SHINVARI PAVAN BHUSHAN	SYBCOM
135	1371	SHRIVASTAV SAHILKUMAR DILIP	SYBCOM
136	1372	SIDDIQUI PARVEZ KALIMMULHA	SYBCOM



137	1373	SINGH ALPESH SHASHIBHUSHAN	SYBCOM
138	1374	SINGH AMOL SABHA	SYBCOM
139	1375	SINGH ANJALI SANJAY	SYBCOM
140	1376	SINGH KAJAL HARIPRASAD	SYBCOM
141	1377	SINGH KOMAL AMARJEET	SYBCOM
142	1391	TARE KAUSHAL KISHOR	SYBCOM
143	1392	TARE PRACHI RAJGURU	SYBCOM
144	1393	TARE PRATIKSHA DIPAK	SYBCOM
145	1394	TARE RAHUL RAKESH	SYBCOM
146	1395	TARE VAIBHAVI KANAK	SYBCOM
147	1396	TAVIZWALA FAIZAN SHAUKATALI	SYBCOM
148	1397	THAKUR HIMANSHU VIJAY	SYBCOM
149	1398	THAKUR MANSI JITENDRA	SYBCOM
150	1399	TIWARI ADITYA RAMAKANT	SYBCOM
151	1400	TIWARI NEHA RAMESH	SYBCOM
152	1401	TIWARI SAPNA RAMESH	SYBCOM
153	1410	VARTHA RUTIKA MADHUKAR	SYBCOM
154	1411	VARTHA VIKAS SANDESH	SYBCOM
155	1412	VAZE ANIKET ANIL	SYBCOM
156	1413	VISHWAKARMA ROHIT MAHENDRA	SYBCOM
157	1414	VISHWAKARMA YOGEEETA SURENDRA	SYBCOM
158	1415	WADE DHANASHREE BHARGAV	SYBCOM
159	1416	WAGHAT BHARAT NANHU	SYBCOM
160	1417	WANKHADE SHIVANI SANTOSH	SYBCOM
161	1418	YADAV AMRITA DAROGA	SYBCOM
162	1419	YADAV ANITA HARINATH	SYBCOM
163	1420	YADAV DEEPA YASHPAL	SYBCOM
164	1421	YADAV KAJAL RAMCHANDRA	SYBCOM



165	1422	YADAV KHUSHBOO SURENDRA	SYBCOM
166	1423	YADAV NAVIN UMESH	SYBCOM
167	1424	YADAV NEHA UMA SHANKAR	SYBCOM
168	1425	YADAV POOJA RAJENDRA	SYBCOM
169	1426	YADAV PRATIBHA VINOD	SYBCOM
170	1427	YADAV SONI GUDDU	SYBCOM
171	1445	BHOPALWALA SAKINA MUSTAFA	TYBCOM
172	1446	BHOSALE ANGELA ASHISH	TYBCOM
173	1455	CHAUBE UJALA ARVIND	TYBCOM
174	1456	CHAUDHARI AKANKSHA RUPESH	TYBCOM
175	1508	HEGDE ARPITA MOHAN	TYBCOM
176	1509	JADHAV HEENA RAMESH	TYBCOM
177	1510	JADHAV KARAN RAVINDRA	TYBCOM
178	1511	JADHAV RUSHIKESH RAJENDRA	TYBCOM
179	1512	JADHAV SAYALI SURESH	TYBCOM
180	1513	JADHAV SURAJ BABU	TYBCOM
181	1514	JAIN DARSHANA PRADEEP	TYBCOM
182	1515	JAIN MEGHA BHARAT	TYBCOM
183	1516	JAIN POOJA PRADEEP	TYBCOM
184	1517	JAIN TARUN MANOHAR	TYBCOM
185	1518	JAIWAR PRATIMA RAMASHANKAR	TYBCOM
186	1519	JANATHE VINAYAK RAJA	TYBCOM
187	1520	JHA NEHA SUDHANDHU	TYBCOM
188	1521	JOGI RAHUL VIJAY	TYBCOM
189	1522	JOSHI RAHUL CHAMPALAL	TYBCOM
190	1523	KALAT CHHAYA KISAN	TYBCOM
191	1524	KAMBLE PRATIKSHA ULHAS	TYBCOM
192	1525	KANOJIYA SEEMA BALELAKHANDAR	TYBCOM





193	1526	KANSARA HARSH MUKESHKUMAR	TYBCOM
194	1527	KASSARI RUKHSAR NAZIM	TYBCOM
195	1528	KENI SURAJ BALKRUSHNA	TYBCOM
196	1529	KESARKAR SIMRAN RAJESH	TYBCOM
197	1530	KHADAPKAR NAMRATA BABURAV	TYBCOM
198	1532	KHAN NASRIN JUVERIYA HAKIMULLAH	TYBCOM
199	1533	KHAN REHAN RIZAWN	TYBCOM
200	1534	KHANDARE RESHMI SHANKAR	TYBCOM
201	1535	KHARPADE RAVINDRA BHADALYA	TYBCOM
202	1536	KHATALI VINOD VIJAY	TYBCOM
203	1537	KINI SAYALI PRAVIN	TYBCOM
204	1538	KOM ASMITA RAMESH	TYBCOM
205	1539	KORI AVINASH RAMRAJ	TYBCOM
206	1540	KUSHWAH POOJA SURESH	TYBCOM
207	1541	KUSVAH REKHAKUMARI SUBHASH	TYBCOM
208	1542	KUTE NITEEN POPAT	TYBCOM
209	1543	LAHANGE AAKASH BALU	TYBCOM
210	1544	LULANIA AMRIN MUNAF	TYBCOM
211	1545	LULANIYA AFREEN SHABBIR	TYBCOM
212	1546	MAHATO LALITA BASANT	TYBCOM
213	1547	MAHTO LATAKUMARI SURYANARAYAN	TYBCOM
214	1548	MALI ROHIT DAMA	TYBCOM
215	1549	MALVIYA POOJA BHAVARLAL	TYBCOM
216	1550	MANDHARE GAURAVI DNYANDEO	TYBCOM
217	1551	MARDE SHREYA SANJAY	TYBCOM
218	1562	MORE GIRISH PRAKASH	TYBCOM
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221	1565	MOURYA PRIYANKA DASHRATH	TYBCOM
222	1566	NAIK ABHIJIT SUNIL	TYBCOM
223	1567	NAIR ATHIRA BIJU	TYBCOM
224	1568	NANKAR MAHENDRA RAJENDRA	TYBCOM
225	1569	NIKAM RUTUJA DINKAR	TYBCOM
226	1572	NIVALE SWAPNIL SADASHIV	TYBCOM
227	1573	PADHYE RIYA SAMEEP	TYBCOM
228	1575	PAGDHARE KAUSTUBH HARESH	TYBCOM
229	1577	PANDAY SHIVANI RAM BIHARI	TYBCOM
230	1578	PANDEY PRATIBHA RAMASHANKAR	TYBCOM
231	1579	PANDEY RAHUL RAJENDRA	TYBCOM
232	1581	PANDHARKAR SHREYAS SANJEEV	TYBCOM
233	1582	PANJWANI TANNAZ FIROZ	TYBCOM
234	1583	PARAB CHETAN BHARAT	TYBCOM
235	1584	PARADHI NIKITA PRAKASH	TYBCOM
236	1585	PARDESHI MANASI RAJENDRASINH	TYBCOM
237	1586	PARHAD SUDARSHAN ARJUN	TYBCOM
238	1587	PARHAD TEJALI NAVSHYA	TYBCOM
239	1588	PATEL AMAN VIPUL	TYBCOM
240	1589	PATEL SANGEETA MASHIGARAM	TYBCOM
241	1590	PATHARE AMOL MANSUB	TYBCOM
242	1591	PATIL ANKITA SANJAY	TYBCOM
243	1592	PATIL DIVYA KALPESH	TYBCOM
244	1593	PATIL GAURI SUDHAKAR	TYBCOM
245	1594	PATIL HARSHA MADAN	TYBCOM
246	1595	PATIL HARSHAL SANTOSH	TYBCOM
247	1596	PATIL KAJAL SANTOSH	TYBCOM
248	1597	PATIL KALPESH VINOD	TYBCOM



249	1598	PATIL MANASI NILESH	TYBCOM
250	1599	PATIL MAYURI RAMAKANT	TYBCOM
251	1600	PATIL NAMITA CHANDRAKANT	TYBCOM
252	1601	PATIL OMKAR ASHOK	TYBCOM



*mDeshmukh*

**Prof. Mahesh Deshmukh**  
**Course Facilitator**

## APPRECIATION CERTIFICATE FROM OE4BW

**OE4BW** yearly  
**EDUSCOPE** 

### Certificate of Appreciation

This certificate is presented to

**Prof. Mahesh Deshmukh**

in appreciation of your valuable contribution as a course facilitator for the program conducted by OE4BW and for guidance to the 748 students of Sonopant Dandekar Arts, V.S. Apte Commerce and M.H. Mehta Science College, Palghar who successfully completed the course in the month of July 2020



*Urbancic T.*

**PROF. DR. TANJA URBANCIC**

Dean of School of Engineering and Management, University of Nova Gorica  
**Open Education for a Better World Program Coordinator**



## SAMPLE CERTIFICATES



**OE4BW** yearly  
**EDUSCOPE** 



# Certificate of Completion

This certificate is presented to

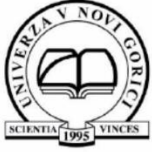
## **Girish Prakash More**

has successfully completed 42 Hours Certificate Course in Life Skills in  
Education through Self-Paced mode in the month of July, 2020

*Tanja Urbancic*

**PROF. DR. TANJA URBANCIC**

Dean of School of Engineering and Management, University of Nova Gorica  
**Open Education for a Better World Program Coordinator**



**OE4BW** yearly   
**EDUSCOPE**



## Certificate of Completion

This certificate is presented to

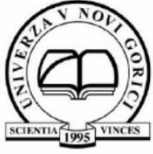
**Ankita Sanjay Patil**

has successfully completed 42 Hours Certificate Course in Life Skills in  
Education through Self-Paced mode in the month of July, 2020

*Urbančić T.*

**PROF. DR. TANJA URBANCIC**

Dean of School of Engineering and Management, University of Nova Gorica  
**Open Education for a Better World Program Coordinator**



**OE4BW** yearly  
**EDUSCOPE** 



## Certificate of Completion

This certificate is presented to

**Simran Rajesh Kesarkar**

has successfully completed 42 Hours Certificate Course in Life Skills in  
Education through Self-Paced mode in the month of July, 2020

*Urbančić T.*

**PROF. DR. TANJA URBANCIC**

Dean of School of Engineering and Management, University of Nova Gorica  
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**OE4BW** yearly  
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## Certificate of Completion

This certificate is presented to

**Pooja Pradeep Jain**

has successfully completed 42 Hours Certificate Course in Life Skills in  
Education through Self-Paced mode in the month of July, 2020

*Urbančić T.*

**PROF. DR. TANJA URBANCIC**

Dean of School of Engineering and Management, University of Nova Gorica  
**Open Education for a Better World Program Coordinator**





**OE4BW** yearly  
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## Certificate of Completion

This certificate is presented to

**Deepa Yashpal Yadav**

has successfully completed 42 Hours Certificate Course in Life Skills in  
Education through Self-Paced mode in the month of July, 2020

*Tanja Urbancic*

**PROF. DR. TANJA URBANCIC**

Dean of School of Engineering and Management, University of Nova Gorica

**Open Education for a Better World Program Coordinator**

## **SUMMARY REPORT**

The students of SYBCOM and TYBCOM enrolled in the course wherein they got to learn essential skills for navigating the complexities of the 21st century. Students gained a comprehensive toolkit of life skills that will benefit them in multiple aspects of their lives.

In conclusion, the "Life Skills in Education" course equipped the students with a crucial skillset that bridges the gap between academics and personal development. By actively applying these learned skills in their studies and daily lives, students will be better prepared to deal with the challenges and flourish in the interconnected world of the 21st century.

**Date of Commencement: 4<sup>th</sup> May, 2020**

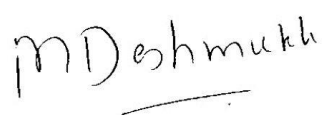
**Date of Completion: 29<sup>th</sup> June, 2020**

**Course Duration – 42 Hours**

**Course Mode: Online + Self-Paced**

**No. of students enrolled: 261**

**No. of students completed the course: 252**



**Prof. Mahesh Deshmukh**

**Course Facilitator**

# SCREENSHOTS

